

2006 PREMIER/ELITE PROGRAM (U13)



U13 Curriculum

Learning to Play Goal-Oriented Together

The U13 age group is in **Stage 2 of Development** which is described as **Playing together 2v1 up to 11v11**. "We have the ball" (offense): 1v1 and 2v1 play including overlap, wall passes, and takeovers, using/finding the free player, and working as a line. "They have the ball" (defense): teach 1v1 and 2v2 defending and pressure in twos, defending as a line and teaching the flat back four.

The main objective is to continue developing skills while learning to use individual creativity/ability in combination with making choices (playing together 2v1) and recognizing the 2v1s in game situations. Finding and using the free player is a key concept within the possession game. Position-specific training is now incorporated into the weekly training.

Technique: Teach and develop juggling, dribbling, running with the ball, 1vs1 attacking frontal, from the side and from behind, turning, short and long passing, and scoring with both sides of the body. Use skills more in the game situation and in relation to a position.

Insight: Teach 1vs1 offense and defense and an individual role (position) and beginning of working together as a line. The focus will be on both We have the ball (offense) and They have the ball (defense). Teach the choices of when to dribble, pass or shoot and the beginning of playing together within the 2vs1. More emphasis on restarts and recognizing 3vs2 opportunities within game situations.

Personality: Emphasize having fun, but playing 100% while developing players who have respect toward the sport, teammates, coaches and opponents. Players will be encouraged to have "confidence" with the ball and to make things happen with skill. Communication will be emphasized. Players will be encouraged to train on their own.

Speed: Teach psycho motor skills and general coordination both with and without the ball and teach all necessary movements needed for technical skill development.

	LEAGUE	TRAINING	*TOURNAMENTS	PLACEMENTS	CAMPS/ PROGRAMS	TIME OFF
MAY 2018				Mid-May		
JUNE						June 4 - July 16
JULY		3x/week (Starts Mid-July)			BUSC Camp July 23-26	June 4 - July 16
AUGUST		3x/week	Coach's Choice OR BUSC Summer Classic (Aug 11-12)			
SEPTEMBER	NorCal Fall League	3x/week	Coach's Choice OR BUSC Fall Harvest (Sept 22-23)			
OCTOBER	NorCal Fall League	3x/week	Coach's Choice			
NOVEMBER	NorCal Fall League	3x/week	NorCal State Cup			
DECEMBER		3x/week	NorCal State Cup			Off Mid-December- Early January
JANUARY		2-3x/week	NorCal State Cup			
FEBRUARY		2-3x/week	NorCal State Cup			
MARCH	NorCal Spring League	2x/week (Starts Mid-March)				
APRIL	NorCal Spring League	2x/week				
MAY	NorCal Spring League	2x/week (Thru Early May)		Placements for 2019-20 Season		

Program Concept and Philosophy

This BUSC program will be open to a max of 16-18 players per team. Each team will train three times per week. Position-specific training is now incorporated into the weekly training. The program provides the highest quality development in the Tri-Valley area for players who desire to build a strong foundation for playing competitive soccer and is designed to create an exciting environment that will motivate players to develop technical ability and foster a passion for soccer.

TRYOUTS, COSTS, AND OTHER INFO



TRYOUTS

Tryouts are required for BUSC's Competitive Programs. Pre-registration for tryouts is REQUIRED. For more info or to pre-register, visit our [2018-19 Competitive Team Tryouts](#) page.

COACHING STAFF

BUSC prides itself on providing high quality coaches focused on the development of young players. For the most up-to-date information the team assignments for our coaching staff, please visit our [Competitive Coaching Staff](#) page.

COSTS

Full costs vary by program and age group and include several separate costs. When reviewing program details, it is important to understand that the Program Fees listed in the box below are only one piece of the overall costs.

COSTS / SERVICES	U13 PREMIER/ELITE PROGRAM INFO
TEAM DUES PER PLAYER/PER SEASON	\$1795
SEASON LENGTH	10 months
INCLUDES:	
PRO COACH	X
TECHNICAL STAFF	X
KICK OFF CAMP	X

Additional Costs Beyond Program Fees: U13 Premier/Elite players will all incur the below costs, though there is some variability in team costs, as well as uniform costs, depending on whether you purchase optional items such as warm-ups or bags, etc.

Club Registration (paid online to Club during registration-\$325);

Pre-paid Raffle Tickets (paid online to Club during registration, can be earned back by selling two \$25 raffle tickets-\$50);

Uniforms (paid directly to SoccerPro during online uniform ordering-\$300-400);

Team Fees (varies, paid directly to team manager, est. \$350-\$375).

Financial Aid: Financial aid is available to those who apply and qualify. If you hope to receive financial aid, we highly recommend meeting our **priority filing deadline of May 10, 2018 at NOON**. This will ensure you have a financial aid decision prior to being required to accept a spot on a team AND that the financial aid does not run out before you apply. Financial aid can ONLY be applied toward Program Fees and *cannot be used to pay for tryout costs or to accept a spot on a team after tryouts*.

COMMITMENT

It is important to note that during the registration process, families will sign a contract committing to the full season and the costs therein.

for more information please visit busc.org

