

2012 YOUTH DEVELOPMENT PROGRAM



U8 Curriculum

Goal Oriented Actions with The Ball

The U8 age group is in **Stage 1 of Development** which is described as **Mastery of the Ball (Skills) and Dominating the 1v1**. The main emphasis will be when "we" have the ball (offense). There will be little emphasis on coaching when "they" have the ball (defense) with the main goal being to get the ball back.

The main objective within the curriculum is to develop soccer personalities while having players emulate their favorites. Games will be played using BUSC's "New Ball Method" whereby a new ball is added by coaches when the ball goes out or a goal is scored. Teams play in a 5 v 5 format (includes keeper).

- Technique:** Teach and develop juggling, dribbling, running with the ball , 1vs1 attacking, short passing, and scoring with both sides of the body.
- Insight:** Teach 1vs1 offense and a basic understanding of roles and positions. Strategy and tactics will be based on the individual and very basic in both "we" have the ball (offense) and "they" have the ball (defense).
- Personality:** Emphasize having fun, but playing 100% while developing players who have respect toward the sport, teammates, coaches and opponents. Players will be encouraged to have "confidence" with the ball and to make things happen with skill - "not be afraid to make mistakes".
- Speed:** Teach psycho motor skills and general coordination both with and without the ball and teach all necessary movements needed for technical skill development.

| | LEAGUE | TRAINING | *TOURNAMENTS | PLACEMENTS | CAMPS/ PROGRAMS | TIME OFF |
|--------------|------------------------------------|------------------------------|--------------|----------------------------------|--------------------|---------------------------------------|
| MAY 2019 | | | | Late April | | |
| JUNE | | | | | | June - Mid-July |
| JULY | | 2x/week (Starts Mid-July) | | | BUSC Camp | June - Mid-July |
| AUGUST | | 2x/week | | | | |
| SEPTEMBER | Play Dates | 2x/week | | | | |
| OCTOBER | Play Dates | 2x/week | | | | |
| NOVEMBER | Play Dates | 2x/week | | | | |
| DECEMBER | | | | | | |
| JANUARY 2020 | | 2x/week | | | | |
| FEBRUARY | | 2x/week | | | | |
| MARCH | Play Dates or Spring League TBD | 2x/week | | | | |
| APRIL | Play Dates or Spring League TBD | 2x/week | | Placements for 2020-21 Season | | End of Season Late April/Early May |
| MAY 2020 | Play Dates or Spring League TBD | 2x/week (Thru late April) | | Placements for 2020-21 Season | | End of Season Late April/Early May |

Program Concept

The U8 YDP Program will be open to up to 35 players. The entire group will train two times per week at the same time and location (academy-style). Players will benefit by being coached by all U8 YDP Staff.

Philosophy

The U8 YDP program provides the highest quality development in the Tri-Valley area for players who desire to build a strong foundation for playing competitive soccer. It is designed to create an exciting environment that will motivate players to develop technical ability and foster a passion for soccer.

Team Formation

The U8 YDP will be formed academy-style (as a pool) during our May tryouts and will play as a pool for the fall playdates. Before the spring season, set teams will be formed for play in the NorCal Spring League.

TRYOUTS, COSTS, AND OTHER INFO



TRYOUTS

Tryouts are required for BUSC's Competitive Programs. Pre-registration for tryouts is REQUIRED. For more info or to pre-register, visit our [Competitive Team Tryouts](#) page.

FUTSAL

At this age group, BUSC incorporates learning the game of Futsal. Futsal creates a fun environment that teaches comfort on the ball, playing in tight space, and problem solving. Dependent upon facility availability, teams may train in futsal during fall and spring seasons.

COACHING STAFF

BUSC prides itself on providing high quality coaches focused on the development of young players. For the most up-to-date information the team assignments for our coaching staff, please visit our [Competitive Coaching Staff](#) page.

COSTS

Full costs vary by program and age group and include several separate costs. When reviewing program details, it is important to understand that the Program Fees listed in the box below are only one piece of the overall costs.

| COSTS / SERVICES | U8 YDP PROGRAM INFO |
|------------------------------------|---------------------|
| TEAM DUES PER PLAYER/PER SEASON | \$978.50 |
| SEASON LENGTH | 8 months |
| INCLUDES: PRO COACH | X |
| TECHNICAL STAFF | X |
| KICK OFF CAMP | X |

Additional Costs Beyond Program Fees: U8 YDP players will all incur the below costs, though there is some variability in uniform costs, depending on whether you purchase optional items such as warm-ups or bags, as well as in team costs.

Club Registration (paid online to Club during registration-\$352);

Pre-paid Raffle Tickets (paid online to Club during registration, can be earned back by selling two \$25 raffle tickets-\$50);

Uniforms (included in program fees for U8 YDP ONLY);

Team Fees (varies, paid directly to team manager, est. \$100-\$150 for U8 YDP).

Financial Aid: Financial aid is available to those who apply and qualify. If you hope to receive financial aid, we highly recommend meeting our **priority filing deadline of April 17, 2019 at NOON**. This will ensure you have a financial aid decision prior to being required to accept a spot on a team AND that the financial aid does not run out before you apply. Financial aid can ONLY be applied toward Program Fees and *cannot be used to pay for tryout costs or to accept a spot on a team after tryouts*.

COMMITMENT

It is important to note that during the registration process, families will sign a contract committing to the full season and the costs therein.

for more information please visit busc.org

